


Big Walk and Wheel 2022

# Secondary lesson plan calendar

## Week 1



	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Theme</b>	Amazing Active Travel	Amazing Active Journeys For Everyone	Amazing Air	Your Amazing Imagination	Amazing Mindful Travel
<b>Lesson</b>	Active travel persuasive writing	How could social media be used in campaigning?	Data analysis and emissions calculations	Imagine a greener future	5-4-3-2-1 mindfulness exercise
<b>Video</b>		Users of the All Ability cycling hub tell us what cycling and the All Ability hub means to them		Watch author and environmental activist Rob Hopkins: 'From What Is to What If' A walk through a day in 2030	
<b>Resource</b>					

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## Week 2



	Day 6	Day 7	Day 8	Day 9	Day 10
Theme	Amazing Cycling	Amazing Global Journeys	Your Amazing Journey	Amazing Interventions	Amazing Planning
Lesson	How does cycling fight climate change	Epic school journeys around the world	What makes your journey to school amazing?	Encouraging active travel: Street Trumps	Route planning a cycle journey
Resource					

Headline sponsor:



Sustrans is the charity making it easier for people to walk and cycle. Join us on our journey. [www.sustrans.org.uk](https://www.sustrans.org.uk)

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